



H Y N A T R A V E L



DETAILED ITINERARY

7-Day Northern Vietnam Tour

Hanoi – Sapa – Ha Long



YOUR JOURNEY

Trip at a Glance

DURATION

7 days / 6 nights

ROUTE

Hanoi – Sapa – Ha Long

TOUR STYLE

Private tour · English-speaking guide on sightseeing days

GETTING AROUND

Private car & driver

MEALS INCLUDED

6 breakfasts · 5 lunches · 1 dinner

PERFECT FOR

First-time visitors who want Hanoi, the mountains and the bay in one week

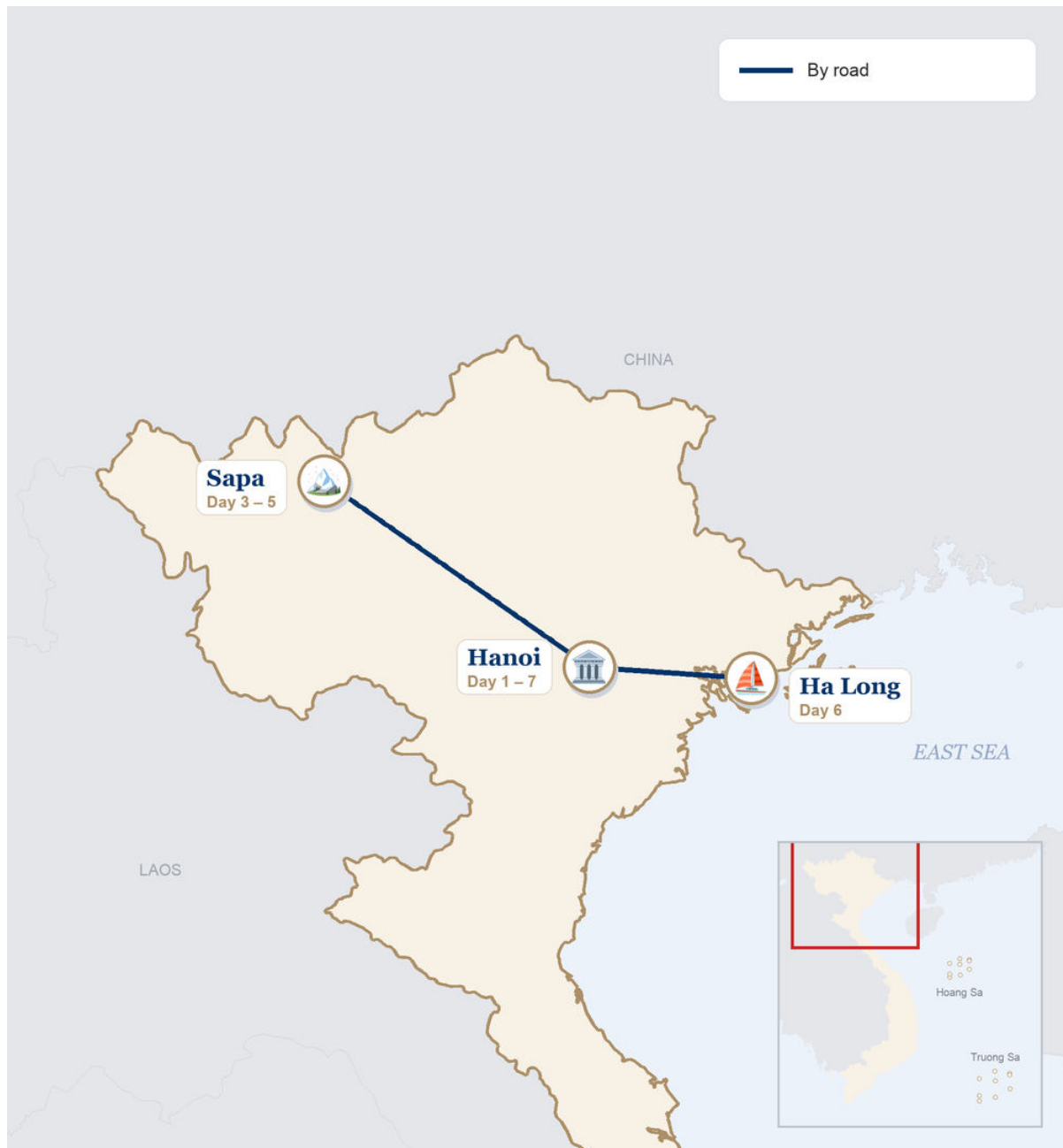
Tour highlights

- ✓ **Hanoi street food** – an evening food tour on arrival.
- ✓ **Mega Grand World** – Hanoi's colourful canal town.
- ✓ **Sapa** – a H'Mong village, the Stone Church and Sapa town.
- ✓ **Fansipan & Moana** – the Roof of Indochina and mountain viewpoints.
- ✓ **O Quy Ho & Glass Bridge** – Heaven Gate on Vietnam's highest pass.
- ✓ **Ha Long Bay** – a day on a premium cruise.



YOUR ROUTE

Route Map





DAY BY DAY

Itinerary at a Glance

Day	Itinerary	Guide	Overnight	Meals
Day 1	Hanoi Arrival & Street Food Tour	Guide pickup	Tirant Hotel Hanoi	D
Day 2	Mega Grand World & Hanoi City Full-Day Tour	Full day guide	Tirant Hotel Hanoi	B, L
Day 3	Sapa: H'Mong Village, Stone Church & Sapa Town	Full day guide	Silk Path Grand Resort & Spa Sapa	B, L
Day 4	Fansipan Peak & Moana Viewpoint	Full day guide	Silk Path Grand Resort & Spa Sapa	B, L
Day 5	O Quy Ho Pass, Heaven Gate & Glass Bridge – Return to Hanoi	Full day guide	Tirant Hotel Hanoi	B, L
Day 6	Ha Long Bay Day Trip on a Premium Day Cruise	Full day guide	Tirant Hotel Hanoi	B, L
Day 7	Hanoi Departure	Guide dropoff	—	B

B = Breakfast L = Lunch D = Dinner



DAY 1 HANOI

Hanoi Arrival & Street Food Tour

Overnight: Tirant Hotel, Hanoi | Meals: Dinner · Lunch on your own | Guide: Guide pickup



On arrival

Welcome to Vietnam. Your HYNA guide and driver are waiting in the arrival hall at Noi Bai International Airport to take you to your hotel in the **Old Quarter**. Check in and rest for a while before your first evening in Hanoi.

Evening

Your guide meets you at your hotel around 6:00 PM, just as the Old Quarter fills with the smoke of charcoal grills and the clatter of street kitchens. Walk from one small local spot to the next and taste the city's favourites: a bowl of **pho**, a crisp **banh mi**, **grilled pork with rice noodles** and fresh herbs, and a **sweet dessert soup**. Finish with a cup of **egg coffee**, a Hanoi speciality since the 1940s, rich and creamy like a liquid dessert. Your guide may adjust the order and dishes on the night, and you are back at your hotel by about 8:30 PM.



DAY 2 HANOI

Mega Grand World & Hanoi City Full-Day Tour

Overnight: Tirant Hotel, Hanoi | Meals: Breakfast, Lunch · **Dinner on your own** | Guide: Full day guide



Morning

Your guide and driver meet you at your hotel around 8:00 AM. Begin at the **Temple of Literature**, founded in 1070 as Vietnam's first university, where shaded courtyards, lotus ponds and stone stelae of doctoral laureates recall centuries of scholarship.

Hoa Lo Prison tells a darker story: built by the French and later nicknamed the Hanoi Hilton by American prisoners of war, its exhibits cover two eras of Vietnam's recent history.

Then stand before the neo-Gothic towers of **St Joseph's Cathedral** and wander a few of the old streets nearby, where vendors balance their goods in baskets on shoulder poles.

Midday

Lunch around midday is at a local restaurant.

Afternoon

Drive about an hour east of the centre to **Mega Grand World** in Ocean City, a very different side of modern Hanoi. Stroll along The Venice, an 830-metre canal lined with pastel European-style buildings, gondolas gliding past and waterside cafés to rest in. You are back at your hotel by about 5:30 PM.

**DAY 3 HANOI – SAPA****Sapa: H'Mong Village, Stone Church & Sapa Town**

Overnight: Silk Path Grand Resort & Spa Sapa, Sapa
Full day guide

Meals: Breakfast, Lunch · **Dinner on your own**

Guide:

**Morning**

Check out after breakfast and set off north with your guide by private car around 7:00 AM. The expressway gives way to mountain roads as you climb towards Sapa, about 5.5–6 hours with a rest stop on the way, and the air turns cooler with every bend.

Midday

Lunch around 12:30 PM is at a local restaurant in Sapa town.

Afternoon

Walk down into **Cat Cat**, a Black H'Mong village at the foot of **Fansipan**. The path winds past wooden houses, terraced fields and workshops where women weave and dye cloth in deep indigo, down to a waterfall rushing through the valley.

Back in town, stand before the **Stone Church**, the French-era landmark at the heart of Sapa, then wander the square and the streets of cafés and craft shops around it.

Evening

Check in to your hotel around 5:00 PM. The evening is free to rest or enjoy the cool mountain air.



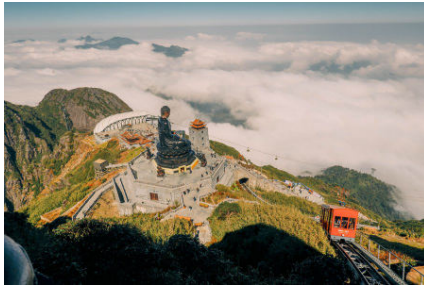
DAY 4 SAPA

Fansipan Peak & Moana Viewpoint

Overnight: Silk Path Grand Resort & Spa Sapa, Sapa
Full day guide

Meals: Breakfast, Lunch · **Dinner on your own**

Guide:



Morning

Your guide meets you at your hotel around 8:00 AM. Board the **Muong Hoa** Mountain Train for a short ride over valleys and terraced fields to the cable car station, then rise by cable car towards **Fansipan**, the Roof of Indochina at 3,143 m. From the top station, climb the stone steps past pagodas and the Great Buddha statue to the summit. On a clear day the whole Hoang Lien Son range spreads out beneath you, and on a misty one the clouds drift right past your feet.

Midday

Lunch around midday is a buffet at Fansipan Restaurant.

Afternoon

Moana Sapa is a playful stop after the summit, known for its Bali-style gate, giant hand sculpture and a swing that seems to hang over the mountains. Take your time for photos and wide views across the valley. You are back at your hotel by about 4:30 PM, with the evening free to relax or wander Sapa town.

**DAY 5** SAPA – HANOI**O Quy Ho Pass, Heaven Gate & Glass Bridge – Return to Hanoi****Overnight:** Tirant Hotel, Hanoi | **Meals:** Breakfast, Lunch · **Dinner on your own** | **Guide:** Full day guide**Morning**

Check out after breakfast and meet your guide around 8:00 AM for a 30–40 minute drive west out of Sapa, up into the mountains. At **Heaven Gate** on **O Quy Ho**, one of the highest mountain passes in Vietnam, the Hoang Lien Son range fills the horizon and the road coils down into the valley below. Continue to the Rong May complex at the top of the pass and step out onto the glass bridge above the cliffs, more than 2,000 m above sea level, with nothing but forest far beneath your feet.

Midday

Lunch around midday is at a local restaurant back in Sapa.

Afternoon

After lunch, settle in for the drive back to Hanoi along the expressway, about 5.5–6 hours with a rest stop, as the mountains slowly give way to the plains. You reach your hotel in Hanoi by about 8:00 PM, and the evening is free.

**DAY 6 HANOI – HA LONG BAY****Ha Long Bay Day Trip on a Premium Day Cruise****Overnight:** Tirant Hotel, Hanoi | **Meals:** Breakfast, Lunch · **Dinner on your own** | **Guide:** Full day guide**Morning**

Your guide and driver collect you at your hotel around 8:00 AM for the drive to **Ha Long Bay**, about 2.5 hours along the expressway. Board a premium day cruise and sail out into the UNESCO-listed bay, where thousands of limestone islands rise from green water.

Midday

Lunch around 12:30 PM is served on board as the boat slips between the islets.

Afternoon

Climb the steps to **Sung Sot**, the **Surprising Cave**, one of the largest in the bay, and walk through lit chambers filled with stalactites and stalagmites.

At **Luon Cave**, glide by kayak or bamboo boat under a low rock arch into an enclosed lagoon, ringed by cliffs and so still you can hear the paddles drip.

The last stop is **Titop Island**: climb to the viewpoint for a sweeping view over the bay, or relax on the small beach.

Evening

In the late afternoon the cruise returns to the harbour and you drive back to Hanoi, reaching your hotel by about 8:00 PM.



DAY 7 DEPARTURE

Hanoi Departure

Overnight: — | Meals: Breakfast · Lunch and dinner on your own | Guide: Guide dropoff



Departure

Enjoy a last breakfast and some free time until your transfer. Your HYNA guide then accompanies you to Noi Bai International Airport, about 45 minutes from the **Old Quarter**, for your flight home. Thank you for travelling with HYNA. We hope Vietnam stays with you long after you leave.



YOUR TOUR

What's Included

PRICE ON REQUEST

The price of this itinerary depends on your travel dates, group size and hotel class.
See the last page to request your personal quote.

Included	Not included
✓ Private English-speaking guide on sightseeing days (see the Guide column) ✓ Airport pick-up and drop-off with your English-speaking guide ✓ Transportation as described in the itinerary ✓ Accommodation as described in the itinerary (hotel class of your choice) ✓ Daily breakfast at the hotel ✓ Meals as listed in the itinerary (B, L, D) ✓ Drinking water on tour days ✓ Entrance fees for the attractions listed ✓ Activities listed in the itinerary (boat trips, cable cars, workshops, performances) ✓ Travel insurance ✓ VAT and service charges	✗ International flights ✗ Domestic flights (unless otherwise stated) ✗ Vietnam visa fee (if applicable) ✗ Personal expenses – laundry, minibar, phone calls, etc. ✗ Tips for guide and driver: USD 3 per person per day ✗ Optional tours and activities not in the itinerary ✗ Meals and drinks not listed in the itinerary ✗ Early check-in and late check-out ✗ Public holiday, peak season and special event surcharges (if applicable) ✗ Any service not listed under “Included”

Accommodation

Destination	Nights	Hotel / Cruise
Hanoi	2	Tirant Hotel or similar
Sapa	2	Silk Path Grand Resort & Spa Sapa or similar
Hanoi	2	Tirant Hotel or similar

Check-in from 2:00 PM, check-out by 12:00 PM.



Children policy

Age	Policy
Under 5 years	• Free of charge for land services (transport, meals, accommodation, entrance fees) • Shares bed with parents; no extra bed • Maximum 1 free child per 2 paying adults (unless otherwise specified) • Additional young children may be charged according to supplier policy • Airfare, visa, travel insurance and personal expenses are charged separately
5 – 9 years	• With extra bed: 75% of the adult price • Without extra bed: 65% of the adult price • Child airfare varies by airline and will be advised separately
10 years and over	• 100% of the adult price

A child's age is based on the tour start date, not the booking date.



BOOKING

How to Book

1

Confirm your trip

We confirm the services and itinerary by email, then both parties sign the travel contract.

2

Pay the deposit

A 50% deposit secures all services for your trip.

3

Pay the balance

The remaining 50% is due at least 7 days before departure.

4

Get ready to travel

Once payment is received, we email your booking confirmation and open a WhatsApp group with our operations team. There you will receive travel updates, send us the documents we need, and reach us any time before and during your trip.

Payment terms

Deposit	50% upon confirmation
Balance	50% no later than 7 days before arrival
Payment methods	Wise, OnePay payment link, Western Union, bank transfer
Bank details	Provided on your invoice
Card fees	Visa / Mastercard 3.8%; American Express 3.85%
Invoices	Sent to your email within 48 hours of booking confirmation

Cancellation policy

Cancellation notice	Charge
31 days or more before departure	30% of the tour price
8 – 30 days before departure	50% of the tour price
7 days or less before departure	100% of the tour price
Any time	Airfares booked by HYNA are non-refundable. Refunds exclude international transaction fees.

Different cancellation terms may apply during peak season (Christmas and New Year) and public holidays; we will advise these case by case.



BEFORE YOU GO

Good to Know

Vietnam public holidays

Holiday	Date
New Year's Day	1 January
Lunar New Year (Tet)	1st day of the 1st lunar month – 17 February 2026; 6 February 2027. The official multi-day holiday is announced by the government each year.
Hung Kings Commemoration	10th day of the 3rd lunar month (usually April)
Reunification Day	30 April
International Labour Day	1 May
National Day	2 September (plus one adjacent day)

Surcharges may apply on public holidays and during the Christmas – New Year peak season.

Practical notes

- **Itinerary changes:** the schedule may be adjusted for weather, road conditions or flight times.
- **Closed attractions:** if a site is closed for maintenance or a holiday, we will arrange a similar alternative.
- **Meals:** Vietnamese cuisine is served; vegetarian options are available. Please tell us about allergies or dietary needs in advance.
- **Dress code:** shoulders and knees must be covered at pagodas, temples and mausoleums. Visitors in shorts or tank tops may be refused entry.
- **Flights:** full passport names are required for bookings. Airfares can change without notice until tickets are issued.
- **Tipping:** a gratuity of USD 3 per person per day for your guide and driver is required and collected at the end of the tour, in USD or VND.



LIKE THIS ITINERARY?

Get a Price for This Tour

Tell us your travel dates, the number of travellers and the hotel class you prefer, and mention the itinerary name below. We will send you a quote for this tour.

Itinerary: **7-Day Northern Vietnam Tour: Hanoi, Sapa & Ha Long Bay**

WHATSAPP

+84 345 827 501

EMAIL

booking@hynatravel.com

WEBSITE

hynatravel.com/contact-us



Scan to contact us

Thank you for travelling with HYNA